



Introduction

Directions: Use the space on this page to take notes on how this information relates to your work supporting infants, toddlers, and their families.

Training Notes



Reflection (Slide 6)

Directions: Think about a positive relationship in your childhood. Consider how this relationship supported you as a child. Then record your responses to the following questions.

◆ **How did this relationship support you as a child?**

◆ **How does this relate to infant/toddler care?**

Reflection (Slide 10)

Directions: Record your responses to the following questions.

◆ **What helps you feel safe and secure in moments of stress?**



- ◆ What helps infants and toddlers feel safe and secure when they are distressed?

Reflection: The Role of the Caregiver (Slide 19)

Directions: Think about how professional development specialists (i.e., coaches, trainers) can help caregivers implement the practices shown on slide 19. Choose one (or more) of the practices and provide a concrete example of how you would support the caregivers in implementing the practice.



Next Steps: Pause and Reflect (slide 37)

Directions: Record your responses to the following questions.

- ◆ **How would you describe Relationship-based Care (RBC)?**

- ◆ **Why is RBC important for infants and toddlers?**

- ◆ **How does the Pyramid Model support RBC?**

- ◆ **How might you use the ITERS-3 or FCCERS-3 to support infant/toddler caregivers and family child care providers in implementing RBC? Choose a subscale and identify 2 examples of how that subscale relates to relationship-based care.**