



Reflective Exercise: Learning from Families to Support Your Relationships with Children

Think about an infant or toddler in your care. What have you learned from the child's family members that has influenced your ability to give sensitive, responsive care and helped you develop a stronger relationship with the child?

- ◆ Did a family member **share information about caregiving routine(s)** that happen at home? If so, how has that affected the way you care for the child?

- ◆ Has a family member **taught you some useful phrases from the child's home language** that you use while caring for the child?

- ◆ Has a **family member shared information about the unique ways the child communicates**? How does the child show that she is hungry, tired, or bored? Does she have nicknames for her favorite objects (for example, calling her blanket her "snuggle")?

- ◆ If the answer to any of the questions above was no, how might you get this information?

- ◆ Is there information you do not have from parents that you would like to have? What is the best way and time to learn that information from the parent?



The State Capacity Building Center (SCBC) works with state and territory leaders and their partners to create innovative early childhood systems and programs that improve results for children and families. The SCBC is funded by the U.S. Department of Health and Human Services, Administration for Children and Families, Office of Child Care.

**State Capacity Building Center,
A Service of the Office of Child Care**

9300 Lee Highway
Fairfax, VA 22031

Phone: 877-296-2401
Email: CapacityBuildingCenter@ecetta.info

Subscribe to Updates
http://www.occ-cmc.org/occannouncements_sign-up/



ADMINISTRATION FOR
CHILDREN & FAMILIES