Reflective Exercise: Learning from Families to Support Your Relationships with Children

Think about an infant or toddler in your care. What have you learned from the child’s family members that has influenced your ability to give sensitive, responsive care and helped you develop a stronger relationship with the child?

♦ Did a family member share information about caregiving routine(s) that happen at home? If so, how has that affected the way you care for the child?

♦ Has a family member taught you some useful phrases from the child’s home language that you use while caring for the child?

♦ Has a family member shared information about the unique ways the child communicates? How does the child show that she is hungry, tired, or bored? Does she have nicknames for her favorite objects (for example, calling her blanket her “snuggle”)?

♦ If the answer to any of the questions above was no, how might you get this information?

♦ Is there information you do not have from parents that you would like to have? What is the best way and time to learn that information from the parent?
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