



# Health and Safety Resource List: Staff Training and Support

## Introduction

The Child Care and Development Fund (CCDF) final rule outlines regulations for implementing the Child Care and Development Block Grant Act of 2014 and administering the CCDF program, including provisions to protect the health and safety of children in care. The final rule strengthens health and safety requirements for programs receiving CCDF funds. All American Indian and Alaska Native (AI/AN) CCDF grantees, regardless of allocation size, are required to meet the health and safety requirements in the final rule.

This resource list provides information on health and safety training resources to help AI/AN CCDF grantees meet final rule requirements.

## CCDF Final Rule Requirements for Staff Training on Health and Safety

The CCDF final rule requires AI/AN CCDF grantees to develop and implement health and safety training on 11 health and safety topics. Caregivers, teachers, and directors must complete preservice or orientation training on the health and safety topics within 3 months of hire. They must also complete ongoing training on required health and safety topics. Grantees must specify the minimum number of annual training and professional development hours required, and they have the flexibility to determine which health and safety trainings should be repeated and how often they need to occur as part of ongoing professional development.

Resource Title	Description
<a href="#">"Briefs about Health and Safety Topics"</a>	<ul style="list-style-type: none"> <li>◆ Briefs by the National Center on Early Childhood Quality Assurance</li> <li>◆ Each brief explores one of the required health and safety topics</li> <li>◆ Each brief introduces the topic, shares example standards and requirements, and provides additional resources that can inform the development of trainings</li> </ul>
<a href="#">"Ensuring the Health and Safety of Children in American Indian and Alaska Native (AI/AN) CCDF Programs"</a>	<ul style="list-style-type: none"> <li>◆ Webinar by the National Center on Tribal Early Childhood Development</li> <li>◆ Introduces the health and safety requirements in the CCDF final rule for AI/AN CCDF grantees</li> <li>◆ Includes an overview of each required health and safety topic and implementation considerations that can inform the development of trainings</li> </ul>

## General Health and Safety Training Resources

AI/AN CCDF grantees are required to implement orientations and ongoing professional development to ensure that staff are appropriately trained and prepared to keep children healthy and safe while in their care. The following are a variety of low-cost, online-accessible health and safety resources that grantees can explore when developing, adapting, or adopting health and safety trainings.

Resource Title	Description
<a href="#">"Health and Safety Basics: Requirements for Certification"</a>	<ul style="list-style-type: none"> <li>◆ Health and safety module developed by Penn State Cooperative Extension's Better Kid Care program</li> <li>◆ Provides an orientation to health and safety topics for CCDF providers and Lead Agency staff</li> <li>◆ Focuses on basic health and safety requirements and best practices in nine of the required health and safety topics</li> </ul>
<a href="#">"Health and Safety Training Resources for Child Care Providers"</a>	<ul style="list-style-type: none"> <li>◆ Handout from the National Center on Early Childhood Development, Teaching and Learning</li> <li>◆ Provides information on requirements for health and safety training</li> <li>◆ Includes links to organizations that provide accessible trainings on required health and safety topics</li> </ul>
<a href="#">"Virtual Lab School: Professional Development for Child and Youth Educators"</a>	<ul style="list-style-type: none"> <li>◆ Online professional development courses created by the Ohio State University in collaboration with the U.S. Department of Defense and the U.S. Department of Agriculture</li> <li>◆ Provides virtual professional development resources focused on research-based practices in child care and youth development</li> <li>◆ Includes trainings to help staff with health and safety best practices, including trainings on creating safe and healthy environments</li> </ul>

## Topic-Specific Health and Safety Training Resources

AI/AN CCDF grantees are required to provide preservice trainings and ongoing professional development on 11 health and safety topics to meet CCDF final rule requirements. The following are specific trainings, modules, and lessons that are organized by required health and safety topic. Grantees can explore these materials when developing, adapting, or adopting health and safety trainings.

Topic	Training Links
Prevention and control of infectious diseases (including immunizations)	<ul style="list-style-type: none"> <li>◆ Healthy Environments: <a href="#">Infant/Toddler Track</a>, <a href="#">Preschool Track</a>, <a href="#">School-Age Track</a>, <a href="#">Management Track</a>, and <a href="#">Family Child Care Track</a>, Virtual Lab School</li> <li>◆ <a href="#">Infant-Toddler Care: Healthy Spaces</a>, Better Kid Care</li> <li>◆ <a href="#">Oral Health for Young Children: Promote Healthy Habits in Child Care</a>, Better Kid Care</li> <li>◆ <a href="#">Preventing and Managing Infectious Diseases in Early Education and Child Care</a>, American Academy of Pediatrics</li> </ul>

Topic	Training Links
Prevention of sudden infant death syndrome (SIDS) and use of safe sleeping practices	<ul style="list-style-type: none"> <li>◆ <a href="#">Healthy Native Babies Project's training videos for service providers working in Native American and Alaska Native communities</a>, National Institute of Child Health and Human Development</li> <li>◆ <a href="#">Reducing the Risk of SIDS and SUID in Early Education and Child Care</a>, American Academy of Pediatrics</li> <li>◆ <a href="#">Safe Sleep Practices for Caregivers: Reduce the Risk of SUID</a>, Better Kid Care</li> </ul>
Administration of medication, consistent with standards for parental consent	<ul style="list-style-type: none"> <li>◆ <a href="#">Medication Administration in Early Care and Education Settings</a>, American Academy of Pediatrics</li> </ul>
Prevention of and response to emergencies due to food and allergic reactions	<ul style="list-style-type: none"> <li>◆ <a href="#">Essentials in Child Care Food Service</a>, Virtual Lab School</li> <li>◆ <a href="#">Food Allergies: Management and Prevention</a>, Better Kid Care</li> <li>◆ <a href="#">Food Safety in Child Care: From Prep to Cleanup</a>, Better Kid Care</li> </ul>
Building and physical premises safety, including identification of and protection from hazards, bodies of water, and vehicular traffic	<ul style="list-style-type: none"> <li>◆ <a href="#">Infant-Toddler Care: Safety</a>, Better Kid Care</li> <li>◆ <a href="#">Keeping Children Safe on Playgrounds</a>, Better Kid Care</li> <li>◆ <a href="#">Keeping Children Safe – Injury Prevention in Early Care and Education Settings</a>, American Academy of Pediatrics</li> <li>◆ Safe Environments: <a href="#">Infant/Toddler Track</a>, <a href="#">Preschool Track</a>, <a href="#">School-Age Track</a>, <a href="#">Management Track</a>, and <a href="#">Family Child Care Track</a>, Virtual Lab School</li> <li>◆ <a href="#">Supervision: Playground Supervision</a>, Better Kid Care</li> </ul>
Prevention of shaken baby syndrome, abusive head trauma, and child maltreatment	<ul style="list-style-type: none"> <li>◆ <a href="#">Basic Shaken Baby Syndrome Training</a>, National Center on Shaken Baby Syndrome</li> <li>◆ Child Abuse and Neglect Prevention: <a href="#">Infant/Toddler Track</a>, <a href="#">Preschool Track</a>, <a href="#">School-Age Track</a>, <a href="#">Management Track</a>, and <a href="#">Family Child Care Track</a>, Virtual Lab School</li> <li>◆ <a href="#">Period of PURPLE Crying Program Training for Implementation</a>, National Center on Shaken Baby Syndrome</li> </ul>
Emergency preparedness and response planning	<ul style="list-style-type: none"> <li>◆ <a href="#">Developing an Emergency Preparedness Plan</a>, Better Kid Care</li> <li>◆ <a href="#">Multihazard Planning for Childcare</a>, Federal Emergency Management Agency</li> <li>◆ <a href="#">Planning for the Needs of Children in Disasters</a>, Federal Emergency Management Agency</li> </ul>
Handling and storage of hazardous materials and the appropriate disposal of biocontaminants	<ul style="list-style-type: none"> <li>◆ <a href="#">Green Cleaning, Sanitizing, and Disinfecting: A Curriculum for ECE</a>, Better Kid Care</li> <li>◆ <a href="#">Healthy Child Care Environments: Pest Prevention Using IPM</a>, Better Kid Care</li> <li>◆ <a href="#">Keep Children Healthy and Safe: Toxins</a>, Better Kid Care</li> </ul>
Appropriate precautions in transporting children (if applicable)	<ul style="list-style-type: none"> <li>◆ <a href="#">Supervision: Moving Children</a>, Better Kid Care</li> </ul>

Topic	Training Links
Pediatric first aid and cardiopulmonary resuscitation (CPR)	<ul style="list-style-type: none"> <li>◆ <a href="#">Babysitting and Child Care Training</a>, American Red Cross</li> <li>◆ <a href="#">First Aid and CPR/Automated External Defibrillator Certification Course</a>, American Red Cross</li> </ul>
Recognition and reporting of child abuse and neglect	<ul style="list-style-type: none"> <li>◆ Child Abuse Identification and Reporting: <a href="#">Infant/Toddler Track</a>, <a href="#">Preschool Track</a>, <a href="#">School-Age Track</a>, <a href="#">Management Track</a>, and <a href="#">Family Child Care Track</a>, Virtual Lab School</li> </ul>

*The National Center on Tribal Early Childhood Development is funded by the U.S. Department of Health and Human Services, Administration for Children and Families, Office of Child Care.*

**The National Center on Tribal Early Childhood Development, A Service of the Office of Child Care**

9300 Lee Highway  
Fairfax, VA 22031

Phone: 877-296-2401

**Subscribe to Updates**

[http://www.occ-cmc.org/occannouncements\\_sign-up/](http://www.occ-cmc.org/occannouncements_sign-up/)



ADMINISTRATION FOR  
**CHILDREN & FAMILIES**