

Health and Safety Resource List: Health and Safety Program Practice for Providers

Introductions

The Child Care and Development Fund (CCDF) final rule outlines regulations for implementing the Child Care and Development Block Grant Act of 2014 and administering the CCDF program, including provisions to protect the health and safety of children in care. The final rule strengthens health and safety requirements for programs receiving CCDF funds. All American Indian and Alaska Native (AI/AN) CCDF grantees, regardless of allocation size, are required to meet the health and safety requirements in the final rule.

This resource list provides information for child care providers on health and safety program practice in AI/AN CCDF child care programs.

Provider Resources

AI/AN CCDF grantees are required to establish health and safety standards for providers regarding 11 required health and safety topics. The resources below can help providers meet standards and implement best practices to protect the health and safety of children in care.

Topic 1. Prevention and Control of Infectious Diseases (including immunizations)

This topic includes processes for preventing and responding to health and medical issues and addresses proper hygiene and sanitation. Proper hygiene and routine cleaning, sanitizing, and disinfecting can prevent infection and illness. This topic also covers requirements related to immunization of children and staff in early care and education settings.

- ◆ [“Cleaning and Sanitizing Surfaces and Toys.”](#) Partnership for Food Safety Education
- ◆ [“Hand Hygiene.”](#) American Academy of Pediatrics (AAP)
- ◆ [“Immunization Schedules.”](#) U.S. Centers for Disease Control and Prevention (CDC)
- ◆ [“Infectious Disease Outbreaks, Epidemics, and Bioterrorism/Environmental Health Emergencies.”](#) AAP
- ◆ [“Infectious Diseases: Prevention and Management.”](#) National Center on Health and Healthy Child Care America
- ◆ [Managing Infectious Diseases in Child Care and Schools](#), AAP
- ◆ [“Oral Health Resources for Staff.”](#) Head Start Early Childhood Learning and Knowledge Center
- ◆ [“Get Ready for Seasonal & Pandemic Flu: Strategies for Head Start & Child Care.”](#) National Center on Early Childhood Health and Wellness (ECHW Center)
- ◆ [“Childhood Immunization Resources.”](#) CDC

- ◆ [“When and How to Wash Your Hands,”](#) CDC

Topic 2. Prevention of Sudden Infant Death Syndrome and Use of Safe Sleeping Practices

This topic covers practices for safe sleep to reduce the risk of sudden infant death syndrome.

- ◆ [“Back to Sleep, Tummy to Play,”](#) AAP
- ◆ [“Child Care Providers: Your Guide to New Crib Standards,”](#) Head Start Early Childhood Learning and Knowledge Center
- ◆ [“Honor the Past, Learn for the Future: Reduce the Risk of Sudden Infant Death Syndrome \(SIDS\) and Other Sleep-Related Causes of Infant Death,”](#) National Institutes of Health’s Healthy Native Babies Project
- ◆ [“Safe Sleep for Tribal Early Childhood Settings,”](#) National Center on Tribal Early Childhood Development and Child Care State Capacity Building Center (SCBC)
- ◆ [“Safe Sleep for Your Baby: Reduce the Risk of Sudden Infant Death Syndrome \(SIDS\) and Other Sleep-Related Causes of Infant Death,”](#) National Institutes of Health’s Healthy Native Babies Project
- ◆ [“SIDS and Other Sleep-Related Infant Deaths: Updated 2016 Recommendations for a Safe Infant Sleeping Environment,”](#) AAP
- ◆ [“Strategies to Support Safe Sleep Environments in Early Childhood Education Programs,”](#) ECHW Center

Topic 3. Administration of Medication, Consistent with Standards for Parental Consent

This topic covers procedures for appropriate medication storage, administration, and disposal to ensure that children receive proper medication and to reduce the risk of poison exposure.

- ◆ [“5 Rights of Medication Administration — Rationale and Considerations,”](#) AAP
- ◆ [“Candy or Medicine? — Look Alike Drugs,”](#) AAP
- ◆ [“Medication Administration Packet,”](#) AAP
- ◆ [“Medication Safety Tips,”](#) AAP

Topic 4. Prevention of and Response to Emergencies Due to Food and Allergic Reactions

This topic covers procedures for care of children with food allergies, including proper storage, preparation, and serving practices to prevent disease, illness, and choking.

- ◆ [“Food Preparation for Children with Peanut Allergies,”](#) Better Kid Care
- ◆ [“People at Risk: Children Under Five,”](#) Foodsafety.gov
- ◆ [“Handling and Storage of Baby Food,”](#) Partnership for Food Safety Education
- ◆ [“Handling and Storage of Breast Milk and Prepared Formula,”](#) Partnership for Food Safety Education
- ◆ [“Latex Allergy,”](#) Head Start Early Childhood Learning and Knowledge Center

- ◆ [“Preparing Bottles of Formula,”](#) Partnership for Food Safety Education
- ◆ [“Taking the Fear Out of Food Allergies,”](#) Better Kid Care
- ◆ [Voluntary Guidelines for Managing Food Allergies in Schools and Early Care and Education Programs,](#) CDC

Topic 5. Building and Physical Premises Safety, Including Identification of and Protection from Hazards, Bodies of Water, and Vehicular Traffic

This topic covers standards and practices for a safe physical environment to prevent injuries and health hazards in early care and education settings. This includes physical safety standards for indoor and outdoor play areas.

- ◆ [“Active Supervision,”](#) ECHW Center
- ◆ [“Cold Weather Safety,”](#) ECHW Center
- ◆ [“Safety and Injury Prevention,”](#) ECHW Center
- ◆ [“Playgrounds! Promote Safe and Fun Outdoor Play in Head Start and Child Care,”](#) ECHW Center
- ◆ [“Summer Safety Tips for Early Care and Education Programs,”](#) ECHW Center
- ◆ [Tips for Keeping Children Safe: A Developmental Guide,](#) Head Start Early Childhood Learning and Knowledge Center

Topic 6. Prevention of Shaken Baby Syndrome, Abusive Head Trauma, and Child Maltreatment

This topic covers practices to protect children while in the care of early care and education providers. Training can help early childhood staff prevent, identify, and report shaken baby syndrome and child abuse and neglect. This section also outlines activities that should be avoided because they are harmful to children’s health, safety, and well-being, such as suspension, expulsion, abuse, maltreatment, and excessive punishment.

- ◆ [“What is the Period of PURPLE Crying Program?”](#) National Center on Shaken Baby Syndrome
- ◆ [“Preventing Shaken Baby Syndrome/Abusive Head Trauma,”](#) ECHW Center
- ◆ [Shaken Baby Syndrome,](#) CDC

Topic 7. Emergency Preparedness and Response Planning for Emergencies

This topic covers procedures to decrease the risk of preventable incidents such as injuries, illnesses, medical emergencies, and deaths in early care and education settings. Emergency procedures and training help prepare staff to prevent and respond to medical emergencies.

- ◆ [“Children’s Responses to Crises and Tragic Events,”](#) ECHW Center
- ◆ [“Disaster Checklist for Child Care Professionals,”](#) Save the Children
- ◆ [“Helping Your Child Cope After a Disaster,”](#) ECHW Center
- ◆ [“Preparing for Landslides or Mudslides,”](#) ECHW Center
- ◆ [“Preparing for Tornado Season,”](#) ECHW Center
- ◆ [“Ready Wrigley” disaster preparedness activity books,](#) AAP and CDC

- ◆ [Resource Guide: Emergency Preparedness, Response, and Recovery Resources for Child Care Programs](#), SCBC

Topic 8. Handling and Storage of Hazardous Materials and the Appropriate Disposal of Biocontaminants

This topic covers practices to reduce the risk of exposure to health hazards in early care and education settings.

- ◆ [“Carbon Monoxide.”](#) Safe Kids Worldwide
- ◆ [“Even Plants Can Be Poisonous.”](#) Head Start Early Childhood Learning and Knowledge Center
- ◆ [“Information about Pesticides and Integrated Pest Management for Child Care Providers.”](#) U.S. Environmental Protection Agency
- ◆ [“Lead Poisoning Prevention.”](#) Head Start Early Childhood Learning and Knowledge Center

Topic 9. Appropriate Precautions in Transporting Children (if applicable)

This topic covers processes for ensuring physical safety standards for transportation in vehicles. It also discusses standards for driver qualifications.

- ◆ [“Child Passenger Safety.”](#) CDC
- ◆ [“Keeping Children Safe in and Around Cars.”](#) Head Start Early Childhood Learning and Knowledge Center
- ◆ [Keeping Children Safe in Vehicles: A Guide for Families and Caregivers](#), ECHW Center

Topic 10. Pediatric First Aid and Cardiopulmonary Resuscitation

This topic covers standards for responding to health and medical issues where the use of age-appropriate cardiopulmonary resuscitation (CPR) and first aid may be necessary.

- ◆ [“Babysitting and Child Care Training.”](#) American Red Cross
- ◆ [“CPR Training.”](#) American Red Cross

Topic 11. Recognition and Reporting of Child Abuse and Neglect

This topic covers standards related to the recognition and reporting of child abuse and neglect to protect the health and safety of children.

- ◆ [“Identifying and Reporting Child Abuse and Neglect.”](#) National Center on Health
- ◆ [“Be Vigilant for Children – Recognizing Signs of Abuse and Neglect.”](#) Better Kid Care

Health Consultation Resources

Child care health consultants (CCHCs) are health professionals who know about child health, child development, and health and safety in child care settings. CCHCs and child care staff can work together to promote healthy and safe environments for young children. The resources below are designed to assist CCHCs as they work with local programs to plan, implement, and evaluate health services.

- ◆ [“Applying Consultation Skills to Oral Health Promotion.”](#) Head Start Early Childhood Learning and Knowledge Center
- ◆ [“Building Trust with Your Programs.”](#) Head Start Early Childhood Learning and Knowledge Center
- ◆ [“Child Care Health Consultant Tool Kit.”](#) Early Childhood Education Linkage System – Healthy Child Care Pennsylvania; Pennsylvania Chapter of the American Academy of Pediatrics
- ◆ [“Child Care Health Consultation: Skill-Building Modules.”](#) Head Start Early Childhood Learning and Knowledge Center
- ◆ [“Creating Collaborative Relationships with Programs.”](#) Head Start Early Childhood Learning and Knowledge Center
- ◆ [“Identifying and Resolving Concerns.”](#) Head Start Early Childhood Learning and Knowledge Center
- ◆ [“Improving Communication Skills.”](#) Head Start Early Childhood Learning and Knowledge Center
- ◆ [“Using Cultural Competence to Solve Problems.”](#) Head Start Early Childhood Learning and Knowledge Center

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