

## Partnering with Families to Build Economic Security During Emergencies



## How Early Care and Education Professionals Can Help You During Emergencies

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Your financial, education, and employment goals may change during emergencies and natural disasters. Early care and education professionals can help you access important information, benefits, and tools during crises.

Even when you cannot talk with staff in person, you can contact them by phone, email, video conference, or text. If you would like printed information, ask staff to send it to you in the mail. Or ask if you can pick up materials through drive-up services at your program site.

Early care and education professionals can partner with you to:

- Determine what you need help with right now, identify your strengths, and revisit your financial goals
- Access information and resources that can help with your immediate needs
- Plan concrete actions
- Track your progress and celebrate your successes



## Spotlight On: Actions You Can Take

- 1. Learn about useful resources.** Talk with your early care and education professional about resources that can help your family at this time. Talk together about how to plan for emergencies. Discuss how you can adjust your budget if your income changes or you lose your job.
- 2. Make a plan.** Talk with your early care and education professional about how you might plan and budget during uncertain times.
- 3. Track Your Progress and Celebrate Your Successes.** Early care and education professionals can follow up with you about your progress toward your plan. Celebrate your successes together!

Other Family Tip Sheets about building your family's economic security during emergencies are available. Check with your early care and education professional.

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