If your education and training goals change for any reason, early care and education professionals can work with you. For example, you may need to look for a new job or get a referral for a community-based program. You may have time to enroll in online courses to advance your education. Early care and education professionals can help you access key resources and take steps to achieve your immediate and long-term education and training goals.

Your early care and education professionals can partner with you to:

1. Identify your immediate education and training goals and revisit your long-term education and training goals
2. Plan concrete actions
3. Track your progress and celebrate your successes

**Spotlight On: Education and Training Goals**

1. Identify Your Immediate Education and Training Goals and Revisit Your Long-Term Education and Training Goals
   - Talk with your early care and education professional about the education and training goals you need help with right now, your strengths, and your long-term education and training goals
2. Plan Concrete Actions

- **Explore job training resources.** Connect to Career One Stop and other job training resources.

- **Register for GED classes.** Libraries, community colleges, and technical colleges provide information about General Educational Development (GED) preparation classes and the exam.

- **Enroll in online courses.** Local two-year and four-year colleges may offer online courses that could help you advance your education and training goals. The Community College Finder also provides information about online courses.

- **Find a School.** Use the online College Navigator tool or the Community College Finder to explore college options. You can search by state, type of school, major, and other criteria.

- **Check a School’s Accreditation.** Use the Look Up a School tool from the U.S. Department of Education to find out if a college or university is accredited. Accreditation means that a school meets certain standards of quality. This is important because employers often require that job applicants have attended an accredited school or program. You can use the U.S. Department of Education College Scorecard to learn about colleges’ graduation rates, average annual costs, and the salary ranges of their graduates.

- **Consider costs.** Think about your finances when looking for a school. The Consumer Financial Protection Bureau’s tools can help you choose a school that you can afford. You also can learn about ways to finance your education.

3. Track Your Progress and Celebrate Your Successes

   Early care and education professionals can follow up with you about your progress toward meeting your education and training goals. Celebrate your successes!

Other Family Tip Sheets about building your family’s economic security during emergencies are available. Check with your early care and education professional.