

Family First Prevention Services Act Overview

- Most significant piece of federal child welfare legislation in 20 years
- Passed in February 2018
- Numerous provisions: focus today on the Prevention Provision
- Opens IV-E (federal funding stream) to provide specific prevention services
- Specifies who can receive services: “candidates” and their caregivers

Family First Prevention Services Act: Allowable/Funded Services

- Allows the use of:
 - mental health and substance abuse prevention and treatment services provided by a qualified clinician, and
 - in-home parent skill-based programs that include parenting skills training, parent education, and individual and family counseling
- Services must be evidence-based:
 - Well-supported (50% funding)
 - Supported
 - Promising

Family First Prevention Services Act: Candidates for Foster Care

- Children who are at imminent risk of entering foster care
- Child must be identified in a prevention plan that he/she is at imminent risk and can remain safely at home with prevention services
- The parents of these children or their kin caregivers
- Prevention services to candidates and their parents/kin caregivers up to 12 months
- No income test for candidate children
- (Other target populations: pregnant and parenting foster youth, reunified children)

EBP Services:

	EBP Interventions	Target Population (in years)	Average Length of Service
In-home Parenting	Parents as Teachers (PAT)	Parents of children 0-5	60 months
	Nurturing Parent Program (NPP)	Parents of children 5-12	4.5 months
	Healthy Families America (HFA)	Parents of children 0-5	60 months
	Chicago Parenting Program (CPP)	Parents of children 2-5	4 months
	Effective Black Parenting Program (EBPP)	Parents of children 0-17	15 weeks
	YVLifeset	Pregnant or Parenting Youth 17-22	7-9 months
	Transition to Independence (TIP)	Pregnant or Parenting Youth 14-22	18 months
Substance Abuse	Project Connect	Parents of children 0-17	16 months
	Recovery Coaches - Connecticut Center for Addiction and Recovery (CCAR) certification	Caregivers (all ages)	Specific to program
	Adolescent Community Reinforcement Approach (A-CRA)	Children 12-25	3-6 months
Mental Health	Multi-Systemic Therapy (MST)	Children 11-17	4-6 months
	Trauma-Focused Cognitive Behavioral Therapy	Children 3-18 and their caregivers	3-6 months
	Functional Family Therapy	Children 11-18	7 months
	Parent Child Interaction Therapy (PCIT)	Children 2-6	6 months
	Parents Anonymous	All families	12 – 18 months
Cross-cutting	Motivational Interviewing (MI)	Parents (all ages)	2-3 sessions, as needed

Family First (CFSA) + Families First DC

